

Bishop Allen and DCCI advise all members to consider your personal health needs, and confer with your personal physician prior to starting this fast. Please earnestly seek God's guidance.

Therefore, we specifically disclaim any responsibility for any advance physical reaction to this fast. Thank you for your obedience.

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◆ Prayer ◆
◆ Fasting ◆
◆ Sowing ◆



21 days of Preparing to Receive DOUBLE!

**RESTORATION
RESET
RELEASE**

August 01-21, 2026

Isaiah 61:7 (KJV) *For your shame [ye shall have] double; and [for] confusion they shall rejoice in their portion: therefore in their land they shall possess the double: everlasting joy shall be unto them.*

Dial in for Prayer Daily @ 7:14 am, 12 noon
& 6 pm Eastern US Time
(605) 313-4802 passcode 226889# option 1

A Message from our Bishop:

We have come to that time again, when God calls His people to Fast and Prayer. Annually, we corporately unite to consecrate ourselves in the month of August because 8 is the number of New Beginnings. I am certain that everyone that will participate in this time of Fasting and Prayer will witness Restoration, Reset and Release. We are focusing on the Promises of God during these 21 days, and realigning ourselves to live in the Double Portion of God's Favor. This prophetic promise is changing lives and restoring hope.

Zechariah 9:12 (NLT) Come back to the place of safety, all you prisoners who still have hope! I promise this very day that I will repay two blessings for each of your troubles.

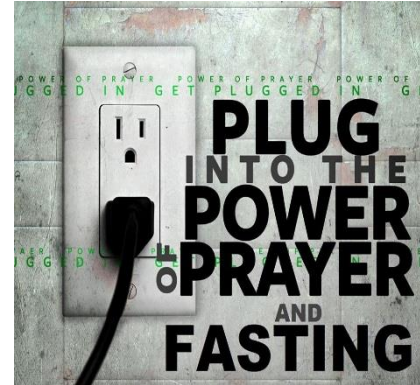
Holy Spirit has lightened the restrictions of the fast this year because He wants us to focus more on the promise than the things that are prohibited. I can't wait to see and hear all the testimonies that will come forth from this special time. Get Ready for DOUBLE!!!

Bishop and Lady Allen

Fully Persuaded,

Bishop Glenn B. Allen, Sr.

Lady Joy Allen



Corporate Prayer List

1. Bishop Glenn B. Allen, Sr., First Lady Joy Allen and Family
2. Your Family's Prosperity and Increase
3. Growth
4. Increase
5. Excellence
6. Unity and Oneness of Spirit

Faith Seed

Family, after 21 days of prayer and fasting, we will sow a \$100 seed, August 21, 2026.

2 Corinthians 9:6 declares that if we sow bountifully, we shall reap bountifully.

Therefore, we want to sow a FAITH SEED above our tithes, which will challenge us and make us uncomfortable.

We are declaring that this FAITH SEED will accelerate our Faith, Finances, Family, and Fruitfulness.

God promises to multiply our seed sown and increase our harvest; so, together, let's sow in faith and watch God open heaven.

Our 21-Day Commitment August 1, 2026 – August 21, 2026

Restoration, Reset, Release!!

For 21 days, we will not eat or drink:

Bread	Rice	Pasta
Desserts (sweets of any kind)	Sugar	Soda
Coffee	Caffeine	Tea
Anything fried in butter or grease	Fast Food	

- Candy (except breath mints) limited
- Limited Social Media
- **No smoking or Liquor of any kind**
- **No Stimulants or Mind Altering Substances**

Fasting Instructions

During the Absolute Fasting times we will consume only Water and Juice.

August 1 – 21

Absolute Fast 9 am – 3 pm local time

DRINK PLENTY OF WATER

Your body can go a long time without food, but it can only go a few days without adequate liquids. Since you will not be getting the liquids normally contained in most foods, drink a lot of water while you fast. It helps you to flush the poisons out of your system. A fast is a good time to get free from cravings for sugar. Too many of us are addicted to sweets and drinking plenty of water will help you get over this craving. Putting a little lemon or lime in your water may help. When you go to the bathroom and your urine appears very yellow, don't worry, that shows that your body is flushing out the poisons from your system.

What is Fasting? Fasting means to humble ourselves before God, letting Him know we are willing to exchange physical comforts to seek Him. It is a call to seek God's face.

Results of Fasting. Fasting can result in a great movement of God in the call for healing, revival and spiritual awakening. Fasting accelerates your request.

Spiritual Suggestions

1. Determine your desires as you delight yourself in the Lord and write them down. (Psalms 37:4)
2. Identify, confess & repent of all revealed sin.
3. Keep a journal during your fast. Record revelations, manifested answers, blessings.
4. Pray and study the Word of God.
5. Watch less television, spend less time on the Internet and on the telephone.

Physical Suggestions

1. Expect some physical, mental and emotional discomfort as your body adjusts.
2. Take plenty vitamin C and drink lots of water.
3. Moderate consumption of natural fruit juice is suggested.

USE WISDOM WHEN YOUR FAST HAS ENDED

When your fast has ended and you begin to eat normal again, use wisdom. During the fast, do not save all the food you would have eaten and eat it later. Eating limitlessly after finishing the fast destroys the spiritual and health benefit derived from the fast. Begin to eat slowly, not all at once and use this opportunity to develop better eating habits. Now that you have the flesh under control, this will be easier to do.

Prayer Instructions

WE WILL PRAY 3 TIMES A DAY

CORPORATELY (7:14 am - NOON- 6PM) on the prayer line. (605) 313-4802 passcode 226889# opt 1

Psalms 55:17 (KJV) Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice.

Prayer Points

- Pray that our eyes would once again be fixed on Christ — undistracted by busyness or life's pressures.
- Pray that our families and churches would live with an eternal vision — walking in the right direction in Christ.
- Pray that the Holy Spirit would empower us to remain faithful until the end — finishing the journey of faith with our eyes fixed on Jesus.

Foundational Scriptures

Jeremiah 33:2-3 (KJV) 2 Thus saith the LORD the maker thereof, the LORD that formed it, to establish it; the LORD [is] his name; 3 Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not.

Isaiah 61:7 (KJV) For your shame [ye shall have] double; and [for] confusion they shall rejoice in their portion: therefore in their land they shall possess the double: everlasting joy shall be unto them.

Psalms 84:11 (KJV) For the LORD God [is] a sun and shield: the LORD will give grace and glory: no good [thing] will he withhold from them that walk uprightly.

Numbers 6:24-26 (KJV) 24 The LORD bless thee, and keep thee: 25 The LORD make his face shine upon thee, and be gracious unto thee: 26 The LORD lift up his countenance upon thee, and give thee peace.

Ephesians 1:3 (KJV) Blessed [be] the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly [places] in Christ:

1 Peter 2:24 (KJV) Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.

John 14:27 (KJV) Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Daily Prayer and Scripture Schedule

21 Day Prayer Focus - God's Promises

Day 1 Eternal Salvation: Whoever believes in Him will not perish but have everlasting life (John 3:16).

Day 2 Unfailing Love: His lovingkindness is from everlasting to everlasting (Psalm 103:17) and nothing can separate us from God's love (Romans 8:38-39).

Day 3 Constant Presence: He will never leave you nor forsake you (Hebrews 13:5).

Day 4 Peace in Anxiety: The peace of God, which surpasses all understanding, will guard your hearts and minds (Philippians 4:6-7).

Day 5 Answered Prayer: If you ask anything in His name according to His will, He hears and answers you (1 John 5:14-15, John 14:13).

Day 6 Rest for the Weary: He offers rest for your soul when you are weary and burdened (Matthew 11:28-29).

Day 7 Forgiveness of Sins: If we confess our sins, He is faithful and just to forgive us and cleanse us (1 John 1:9).

Day 8 Provision: God will supply all your needs according to His riches in glory (Philippians 4:19).

Day 9 Guidance and Wisdom: He will guide you with His eye and give wisdom to those who ask (Psalm 32:8, James 1:5).

Day 10 Strength: He gives power to the faint and strengthens those who wait on Him (Isaiah 40:29, 31).

Day 11 Sovereign Purpose: He works all things together for the good of those who love Him (Romans 8:28).

Day 12 Protection: The Lord is your refuge, and under His wings you can take shelter (Psalm 91:4, Ruth 2:12).

Day 13 Comfort in Affliction: God is close to the brokenhearted and saves those who are crushed in spirit (Psalm 34:18).

Day 14 Freedom: Whom the Son sets free is free indeed, removing the penalty of sin (John 8:36, Romans 8:2).

Day 15 Adoption: He adopts believers into His family as His own sons and daughters (Galatians 4:5-7).

Day 16 Wisdom Without Reproach: If you lack wisdom, God gives it generously to all without finding fault (James 1:5).

Day 17 No Condemnation: There is no condemnation for those who are in Christ Jesus (Romans 8:1).

Day 18 Renewal: He gives beauty instead of ashes and a garment of praise for a spirit of heaviness (Isaiah 61:3).

Day 19 Fruitfulness: Those who trust in the Lord will not wither but will yield fruit in their season (Jeremiah 17:7-8).

Day 20 Hope for the Future: He has plans to prosper you and give you a hope and a future (Jeremiah 29:11).

Day 21 Inheritance: Believers are heirs of God and joint-heirs with Christ, possessing spiritual riches (Romans 8:17)