



## 30 Days of NO NEGATIVITY

This 30 Day Challenge in November is a Spiritual Challenge to eliminate the atmosphere for Negativity to live in. The only way that it can be accomplished is to replace it with something positive. Just as darkness has to flee when the light comes on, so does negativity when we turn on the Positive. We will manage three different areas in our lives to assure a great outcome.

### MIND ~ MOUTH ~ MANNERS

#### POSITIVE MIND

The First Challenge is in our MINDS. The mind is the Battlefield and Birthplace of your Destiny. So starting Today let's GET OUR MINDS RIGHT!

Day 1 ~ Romans 12:2 Be not conformed to the NEGATIVITY of the WORLD but be TRANSFORMED and RENEWED by the Word of God. Replace all Negativity with the WORD of GOD.

Day 2 ~ Philippians 4:8 Think on the things that are true, noble, right pure and lovely...Intentionally direct your thoughts on the Good things that are happening in your life.

Day 3 ~ Psalm 19:14 Let every word and meditation of your heart be on things that are pleasing to God.

Day 4 ~ Philippians 4:6 Replace all anxiety with prayer and thanksgiving knowing that every request will be answered.

Day 5 ~ Proverbs 4:23 GUARD your mind and thoughts from information that is negative or none of your business. Kill the atmosphere for gossip and rumors

Day 6 ~ Romans 10:17 Feed your mind and spirit with the word of God as often as possible. Build your faith and starve your fears.

Day 7 ~ 2 Corinthians 10:5 Cast down imaginations and every thought that does not align with the will of God. The Mind is Satan's battlefield. This is spiritual, so use your spiritual weapons to gain victory over negativity.

Day 8 ~ Isaiah 26:3 Keep your mind on Jesus and He will keep you in Perfect Peace. Avoid Distractions.

Day 9 ~ Ephesians 3:20 Think like God thinks. He is always exceeding our expectations. Take the limits off of what you believe for and think BIG.

Day 10 ~ Proverbs 23:7 Monitor your thoughts frequently. Steer away from news, information, or dialogue that doesn't help you to grow. Your thoughts are the Birthplace of your reality.

Day 11 ~ Amos 3:3 Create a circle of great Thinkers. Low thinkers don't see life from a high perspective. Find people who stretch your thoughts.

#### POSITIVE MOUTH

Day 12 ~ Proverbs 18:21 Your Words are the creative force in your Life. It is not what people say about you but it is what you say that becomes your reality.

Day 13 ~ Psalm 150 Spend greater amounts of time giving God praise and watch for *positive* outcomes. There is power in your praise.

**Day 14 ~ Matthew 5:37 Be clear in the things that you say. Say what you mean and mean what you say. Don't speak with a forked tongue. Yes is yes and No is no.**

**Day 15 ~ James 3:10 Blessings and Cursing should not come from the same mouth. Speak blessings and *favor* instead of death and harm.**

**Day 16 ~ Proverbs 6:19 Use your words to reconcile relationships, not tear them apart. God hates the negative results of discord**

**Day 17 ~ Psalm 107:20 Use your words to heal and deliver. Speak in faith and the positive outcome of Healing. He sent His word for us to say it to others.**

**Day 18 ~ Romans 4:17 Cancel the impossibilities by speaking Positive. Call it what you want to see no matter how crazy it looks.**

**Day 19 ~ 2 Corinthians 1:20 Read the Promises of God and say Amen to them. Confirm that you believe and agree with His Word.**

**Day 20 ~ Matthew 16:19 Bind the works of Satan and Loose the Favor of God. If you bind or loose it on earth, God is doing the same in heaven.**

**Day 21 ~ Proverbs 15:1 Soft answers calm negativity but raging words stir up anger. Don't only say something positive but speak it in Love.**

### **POSITIVE MANNERS**

**Day 22 ~ 1 Corinthians 15:33 Avoid people that cause you to see life from a place of negativity. Their words effect your mind and your manners soon will follow. MIND YOUR MANNERS**

**Day 23 ~ Luke 6:31 Make sure that you always treat people the way you desire to be treated. Give what you want and not just what you receive.**

**Day 24 ~ 1 John 3:17 Give to someone who is less fortunate than yourself. Give away something of value that you don't use anymore. Clothes, shoes, items or even a car.**

**Day 25 ~ Romans 12:21 Be extra courteous to people who are Negative. You cannot overcome evil with evil, but overcome evil with Good. Positive manners override bad attitudes.**

**Day 26 ~ Matthew 5:44 Love and Pray for Haters. Forgive quickly and be at peace with all men.**

**Day 27 ~ Philippians 3:13 Never settle for what has been done. Keep pressing for what's ahead. Forget the Failures of the Past and keep your eyes on the Prize.**

**Day 28 ~ Mark 12:31 Love YOURSELF today! With all your faults, flaws, and failures. Affirm it within yourself that Positive Manners begin with being Good to ME!**

**Day 29 ~ 1 Thessalonians 5:11 Build the Broken-hearted and Bruised with encouragement. Make someone your mission today to empower and edify with Positivity.**

**Day 30 ~ Exodus 34:7 intentionally confront generational curses and bad behaviors. Declare today; I will not live with the Negativity of past generations.**