



## A Message from our Bishop:

Destiny Family & Friends,

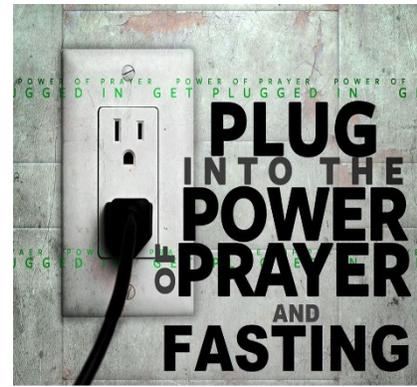
We are collectively praying for Alignment in the things of God. When we align ourselves with God's purpose for our lives, He will cause everything in our lives to agree.

We ask God for alignment for growth in our spiritual walk, family life, mental wellness, career path, and financial wellbeing.

As we sanctify ourselves, we are intentional about moving from stagnation to supernatural growth. We will see our personal lives increase as well as DCCI increase numerically. The Lord promises in *Deuteronomy 1:11 (NLT)* *And may the LORD, the God of your ancestors, multiply you a thousand times more and bless you as he promised!*

Increase is coming! This fast will not only prompt increase but also prepare and position us for it. Lord, make me ready for what is coming. It will be BIG!!!

*Bishop Glenn. B. Allen, Sr.*



### Corporate Prayer List

1. Bishop Glenn B. Allen, Sr. and Family
2. Your Family's Prosperity and Increase
3. Lord, add souls to our church weekly
4. Health
5. Excellence
6. Unity, Oneness of Spirit and Love
7. Finding your purpose in God
8. A Mind to Serve
9. Debt Free
10. Obedience

## Faith Seed

**Family, after 21 days of prayer and fasting, we will sow the largest seed you've ever sown.**

*2 Corinthians 9:6 declares that if we sow bountifully, we shall reap bountifully.*

**Therefore, we want to sow a FAITH SEED above our tithes and offering.**

**We are declaring that this FAITH SEED will accelerate the manifestation of God's will in our lives.**

**God promises to multiply our seed sown and increase our harvest; together, let's sow in faith and watch God open heaven.**

**Our 21-Day Fast Commitment**

## August 1 – 21

*21 days of alignment!!*

**For 21 days, we will not eat or drink:**

Bread	Rice	Pasta
Desserts (sweets of any kind)	Sugar	Soda
Coffee	Caffeine	Tea
Anything fried in butter or grease	Fast Food	Beef Pork

- Candy (except breath mints) limited
- Limited Social Media
- **No smoking or Liquor of any kind**

### Fasting Instructions

**During the Absolute Fasting times we will consume only Water and Juice.**

**Aug 01-06** Before 6am Chicken, Fish, Fruits, Vegetables, Whole Grains, Nuts, Juice, Water

**Absolute Fast 6:00am-12:00noon**

After 12noon Chicken, Fish, Fruits, Vegetables, Whole Grains, Nuts, Juice, Water

**Aug 07-13** Before 12noon Chicken, Fish, Fruits, Vegetables, Whole Grains, Nuts, Juice, Water

**Absolute Fast 12:00noon-6:00pm**

After 6pm Chicken, Fish, Fruits, Vegetables, Whole Grains, Nuts, Juice, Water

**Aug 14-18** The entire day - Fruits, Vegetables, Whole Grains, Nuts, Juice, Water

**Aug 19-21** The entire day - Liquids Only

**Scripture Model:**  
***Daniel chapter 10***

#### **DRINK PLENTY OF WATER**

**Your body can go a long time without food, but it can only go a few days without adequate liquids. Since you will not be getting the liquids normally contained in most foods, drink a lot of water while you fast. It helps you to flush the poisons out of your system. A fast is a good time to get free from cravings for sugar. Too many of us are addicted to sweets and drinking plenty of water will help you get over this craving. Putting a little lemon or lime in your water may help. When you go to the bathroom and your urine appears very yellow, don't worry, that shows that your body is flushing out the poisons from your system.**

**What is Fasting?** Fasting means to humble ourselves before God, letting Him know we are willing to exchange physical comforts to seek Him. It is a call to seek God's face.

**Results of Fasting.** Fasting can result in a great movement of God in the call for healing, revival and spiritual awakening. Fasting accelerates your request.

#### **Spiritual Suggestions**

1. Determine/receive your desires as you delight yourself in the Lord and write them down. (Psalms 37:4)
2. Identify, confess, and repent of all revealed sin.
3. Keep a journal during your fast. Record revelations, manifested answers, blessings and miracles.
4. Pray and study the Word of God.
5. Watch less television; spend less time on the Internet and on the telephone.

#### **Physical Suggestions**

1. Expect some physical, mental and emotional discomfort as your body adjusts.
2. Take plenty vitamin C and drink lots of water.
3. Moderate consumption of natural fruit juice is suggested.

#### **USE WISDOM WHEN YOUR FAST HAS ENDED**

When your fast has ended and you begin to eat normal again, use wisdom. During the fast, don't save all the food you would have eaten and eat it later. After you finish the fast; don't eat limitlessly and destroy the spiritual health benefit derived from the fast.

Begin to eat slowly, not all at once and use this opportunity to develop better eating habits. Now that you have the flesh under control, this will be easier to do.

## Daily Prayer and Scripture Schedule

**(8/1) Proverbs 16:3** Commit your works to the Lord  
And your plans will be established. (NASB1995)

**(8/2) Psalm 37:4-5** Delight yourself also in the Lord,  
And He shall give you the desires of your heart.  
<sup>5</sup>Commit your way to the Lord, Trust also in Him, And  
He shall bring it to pass. (NKJV)

**(8/3) 1 John 5:14** Now this is the confidence that we  
have in Him, that if we ask anything according to His  
will, He hears us. (NKJV)

**(8/4) Jeremiah 10:2** This is what the LORD says: "Do  
not learn the ways of the nations or be terrified by  
signs in the heavens, though the nations are terrified  
by them. (NIV)

**(8/5) Psalm 143:10** Teach me to do your will, for you  
are my God; may your good Spirit lead me on level  
ground. (NIV)

**(8/6) Psalm 1:1-2** How blessed is the man who does  
not walk in the counsel of the wicked, Nor stand in the  
path of sinners, Nor sit in the seat of scoffers! <sup>2</sup> But his  
delight is in the law of the Lord, And in His law he  
meditates day and night. (NASB1995)

**(8/7) Luke 6:38** Give, and you will receive. Your gift  
will return to you in full—pressed down, shaken  
together to make room for more, running over, and  
poured into your lap. The amount you give will  
determine the amount you get back. (NLT)

**(8/8) Psalm 119:133** Direct my footsteps according  
to your word; let no sin rule over me. (NIV)

**(8/9) Proverbs 4:14** Don't do as the wicked do, and  
don't follow the path of evildoers. (NLT)

**(8/10) Micah 6:8** He has told you, O man, what is  
good; And what does the Lord require of you But to do  
justice, to love kindness, And to walk humbly with  
your God?. (NASB1995)

**(8/11) 1 Corinthians 12:18** But our bodies have  
many parts, and God has put each part just where he  
wants it. (NLT)

**(8/12) Matthew 18:19** Again I say to you, if two of  
you agree on earth about anything they ask, it will be  
done for them by my Father in heaven. (ESV)

**(8/13) 2 Corinthians 6:16** Or what agreement has  
the temple of God with idols? For we are the temple of  
the living God; just as God said, "I will dwell in them

and walk among them; And I will be their God, and  
they shall be My people. (NASB1995)

**(8/14) Ecclesiastes 4:9-10** Two are better than one,  
because they have a good return for their labor: <sup>10</sup> If  
either of them falls down, one can help the other up  
But pity anyone who falls and has no one to help  
them up. (NIV)

**(8/15) Acts 15:8-9** God, who knows the heart,  
showed that he accepted them by giving the Holy  
Spirit to them, just as he did to us. <sup>9</sup> He did not  
discriminate between us and them, for he purified  
their hearts by faith. (NIV)

**(8/16) 2 Timothy 2:11-13** This is a trustworthy  
saying: If we die with him, we will also live with him.  
<sup>12</sup> If we endure hardship, we will reign with him. If we  
deny him, he will deny us. <sup>13</sup> If we are unfaithful, he  
remains faithful, for he cannot deny who he is. (NLT)

**(8/17) 1 John 5:20** We know also that the Son of God  
has come and has given us understanding, so that we  
may know him who is true. And we are in him who is  
true by being in his Son Jesus Christ. He is the true  
God and eternal life. (NIV)

**(8/18) Ephesians 4:3-4** Make every effort to keep  
yourselves united in the Spirit, binding yourselves  
together with peace. <sup>4</sup> For there is one body and one  
Spirit, just as you have been called to one glorious  
hope for the future. (NLT)

**(8/19) Colossians 2:2-3** that their hearts may be  
encouraged, having been knit together in love, and  
attaining to all the wealth that comes from the full  
assurance of understanding, resulting in a true  
knowledge of God's mystery, that is, Christ Himself, <sup>3</sup> in  
whom are hidden all the treasures of wisdom and  
knowledge. (NASB1995)

**(8/20) Romans 15:5-6** Now may the God of patience  
and comfort grant you to be like-minded toward one  
another, according to Christ Jesus, <sup>6</sup> that you may with  
one mind and one mouth glorify the God and Father  
of our Lord Jesus Christ. (NKJV)

**(8/21) 2 Corinthians 13:11, 14** Finally, brethren,  
rejoice, be made complete, be comforted, be like-  
minded, live in peace; and the God of love and peace  
will be with you. <sup>14</sup> The grace of the Lord Jesus Christ,  
and the love of God, and the fellowship of the Holy  
Spirit, be with you all. (NASB1995)