

Special Notice

Bishop Allen and DCCI advise all members to consider their personal health needs, and confer with their personal physicians prior to starting this fast. Please earnestly seek God's guidance.

Therefore, we specifically disclaim any responsibility for any advance physical reaction to this fast. Thank you for your obedience.

NOTES:

[illegible]

“WE WILL NOT BE DENIED”

- ◆ Prayer ◆
- ◆ Fasting ◆
- ◆ Sowing ◆



21 days of Shift!

Shift (verb): to make a change
(noun): a change in emphasis,
 judgment, or attitude
 – Merriam-Webster Dictionary

March 19-April 8, 2023

Matthew 17:21 This kind cometh out only by prayer and fasting. (KJV)

Dial in for Prayer Daily @ 7:14 AM
(605) 313-4802 passcode 226889# option 1

A Message from our Bishop:

Destiny Family & Friends,

The promises of God are still yes and we say, “Amen”!

There has never been a time when God called a fast that He didn't have something amazing He wanted to do for His children. The bible says in *St. Matthew 17:21* “*This kind cometh out only by prayer and fasting*”.

There is a special power that comes with adding fasting to your prayer life.

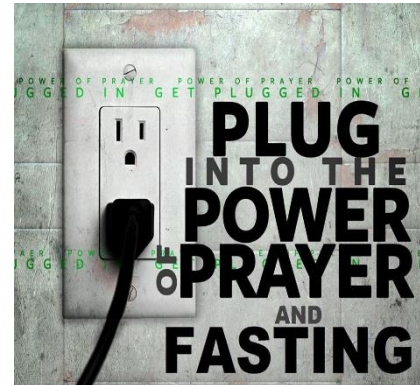
As God shifts the season we are in, we have to shift also. Get into the flow of moving with God as He moves; like the children of Israel followed the cloud by day and a pillar of fire by night.

God is shifting our ministry into a new season and is doing a great work as this shift is taking place. During this fast, make sure that your faith stretches you to a place that requires God in all that you do.

Beloved, I cannot wait to witness all the wonderful things that will happen during and after this fast. Get ready to share your testimonies!

I am fully persuaded!

Bishop Glenn. B. Allen. Sr.



Corporate Prayer List

1. Bishop Glenn B. Allen, Sr. and Family
2. Your Family's Prosperity and Increase
3. Growth
4. Health
5. Excellence
6. Unity, Oneness of Spirit and Love
7. Finding your purpose in God

Faith Seed

Family, after 21 days of prayer and fasting, we will sow a \$100 seed, Easter Sunday April 9, 2023.

2 Corinthians 9:6 declares that if we sow bountifully, we shall reap bountifully.

Therefore, we want to sow a FAITH SEED above our tithes and offering.

We are declaring that this FAITH SEED will accelerate the manifestation of God's will in our lives.

God promises to multiply our seed sown and increase our harvest; so, together, let's sow in faith and watch God open heaven.

Our 21-Day Fast Commitment March 19 – April 8

21 days of shift!!

For 21 days, we will not eat or drink:

Bread	Rice	Pasta
Desserts (sweets of any kind)	Sugar	Soda
Coffee	Caffeine	Tea
Anything fried in butter or grease	Fast Food	Meats

- Candy (except breath mints) limited
- Limited Social Media
- **No smoking or Liquor of any kind**

Fasting Instructions

There are no time restrictions.
We will consume Fish, Seafood,
Vegetables, Fruit, Nuts, Seeds,
Water, Juice (no added sugar)
& Smoothies (no added sugar)

Scripture Model:
Daniel chapter 10

DRINK PLENTY OF WATER

Your body can go a long time without food, but it can only go a few days without adequate liquids. Since you will not be getting the liquids normally contained in most foods, drink a lot of water while you fast. It helps you to flush the poisons out of your system. A fast is a good time to get free from cravings for sugar. Too many of us are addicted to sweets and drinking plenty of water will help you get over this craving. Putting a little lemon or lime in your water may help. When you go to the bathroom and your urine appears very yellow, don't worry, that shows that your body is flushing out the poisons from your system.

What is Fasting? Fasting means to humble ourselves before God, letting Him know we are willing to exchange physical comforts to seek Him. It is a call to seek God's face.

Results of Fasting. Fasting can result in a great movement of God in the call for healing, revival and spiritual awakening. Fasting accelerates your request.

Spiritual Suggestions

1. Determine/receive your desires as you delight yourself in the Lord and write them down. (Psalms 37:4)
2. Identify, confess, and repent of all revealed sin.
3. Keep a journal during your fast. Record revelations, manifested answers, blessings and miracles.
4. Pray and study the Word of God.
5. Watch less television; spend less time on the Internet and on the telephone.

Physical Suggestions

1. Expect some physical, mental and emotional discomfort as your body adjusts.
2. Take plenty vitamin C and drink lots of water.
3. Moderate consumption of natural fruit juice is suggested.

USE WISDOM WHEN YOUR FAST HAS ENDED

When your fast has ended and you begin to eat normal again, use wisdom. During the fast, don't save all the food you would have eaten and eat it later. After you finish the fast; don't eat limitlessly and destroy the spiritual health benefit derived from the fast.

Begin to eat slowly, not all at once and use this opportunity to develop better eating habits. Now that you have the flesh under control, this will be easier to do.

Daily Prayer and Scripture Schedule
(KJV) unless otherwise indicated

(3/19) Mindset: Romans 12:2 *And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.*

(3/20) Heart: Ezekiel 36:26 *A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh.*

(3/21) Behavior: Ephesians 4:22-24 *That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; ²³And be renewed in the spirit of your mind; ²⁴And that ye put on the new man, which after God is created in righteousness and true holiness.*

(3/22) Attitude: Galatians 2:20 *I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.*

(3/23) Thinking: Philippians 4:8 *Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.*

(3/24) Company: 1 Corinthians 15:33-34 *Be not deceived: evil communications corrupt good manners. ³⁴Awake to righteousness, and sin not; for some have not the knowledge of God: I speak this to your shame.*

(3/25) Finances: Malachi 3:10 (NIV) *Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this, says the Lord Almighty, and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it.*

(3/26) Strongholds: Ephesians 6:12-13 *For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. ¹³Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.*

(3/27) Communication: James 1:19-20 *Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath: ²⁰For the wrath of man worketh not the righteousness of God.*

(3/28) Character: 1 Timothy 4:12 *Let no man despise thy youth; but be thou an example of the believers, in*

word, in conversation, in charity, in spirit, in faith, in purity.

(3/29) Words: Ephesians 4:29 *Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.*

(3/30) Selfish Desires: Philippians 2:3-4 (NASB1995) *Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves; ⁴do not merely look out for your own personal interests, but also for the interests of others.*

(3/31) Prayers: Luke 11:2-4 *And he said unto them, When ye pray, say, Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done, as in heaven, so in earth. ³Give us day by day our daily bread. ⁴And forgive us our sins; for we also forgive every one that is indebted to us. And lead us not into temptation; but deliver us from evil.*

(4/01) Time: Proverbs 12:24 (NLT) *Work hard and become a leader; be lazy and become a slave.*

(4/02) Health: 1 Corinthians 6:19-20 *What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? ²⁰For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.*

(4/03) Habits: 1 Corinthians 10:13 *There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.*

(4/04) Humility: Proverbs 22: 3-4 *A prudent man foreseeth the evil, and hideth himself: but the simple pass on, and are punished. ⁴By humility and the fear of the LORD are riches, and honour, and life.*

(4/05) Addictions: Hebrews 12:11 *Let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us,*

(4/06) Anxiousness: Philippians 4:6-7 (ESV) *Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus*

(4/07) Unforgiveness: Mark 11:25-26 *And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. ²⁶But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses.*

(4/08) Judgment: Matthew 7:1-2 *Judge not, that ye be not judged. ²For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again.*